

Head Office

Chhetrapati, Thamel, Kathmandu, Nepal

+977 9851069558

Email: info@myeveresttrip.com

Skype: myeveresttrip

Chulu East Peak Climbing

Duration: 23 Days Days
Max Altitude: 6,300 m
Destination: Nepal
Trip Grade: Moderate

■ Best Season: Summer, Autumn

Highlights

- Opportunity to explore the Annapurna circuit area
- Enjoying the beauty of Tilicho lake
- We see the mesmerizing panoramic view of the Annapurna, Dhaulagiri, and Manaslu Himalayan ranges.
- Memories from old monasteries and Gurung village at the Annapurna trekking route
- Excellent practice peak to climb in a lifetime.

Overview

Chulu East Peak Climbing is one of the most popular adventurous peak climbing in the Annapurna range. This Chulu East Peak Climbing starts from Besishahar and follows a gradually ascending trail along the Marshyangdi River Valley to Pisang. You'll leave the main course from Pisang and head up to Chulu East Base camp.

Chulu East Peak climbing

Chulu far east peak climbing summit day starts early morning with an easy scramble along rocky ridges to a glacier. Via a steep snow headwall, you go up to the summit. On your way back, you'll rejoin the main trail again as you trek in the Kali Gandaki Valley, crossing Thorung La Pass (5,416m/17,769ft) down again to Jomsom.

This trip offers you breathtaking views of Annapurna II(7,937m/26,040ft), Annapurna III (7,555m/24,786ft), and Annapurna IV (7,525m/24,688ft), Gangapurna (7,455m/24,458ft), Glacier Dome, Dhaulagiri (8,167m/26,794ft), Tilicho Peak (7,134m/23,405ft) and Manaslu (8,156m/26,758ft).

Customized itineraries with base camp service and full board climbing packages are also available on

request.

We also operate the Chulu East Peak Climbing, a climbing training instructed by our experienced climbing guide. To be sure, you climb Chulu East Peak safely and return successfully. Chulu East Peak Climbing is a climbing training required by our climbing guide. Just be sure that you climb Chulu East Peak safely and return successfully.

The best time for Chulu East Peak Climbing is in the months of March to May and October to December in the spring and autumn seasons. These two seasons are suitable for climbing. Peak climbing in Nepal is possible on a private and group-joining basis.

Day 01

Arrival at Kathmandu

Once you arrive in Kathmandu, our team staff will catch you there. They will introduce themselves and transfer you to a hotel, where you can refresh yourself. After a short nap in the evening, we can walk on the street to see the beauty of the night in Kathmandu.

Day 02

Sightseeing in Kathmandu

Our team members thoroughly guided your sightseeing. During the day trip, you can visit several historical places in Kathmandu. First, you can visit the Pashupatinath temple, where you see Hindu rituals and Boudhanath Stupa, the sacred pilgrimage of Buddhism. Basantapur Durbar square covers the ancient history of the King. Due to the time factor,

if possible, you will visit different places, and at night you will return to your hotel

Day 03

First drive day to Chame

Maximum Altitude: 2650 meters

Drive Distance: 237.5 km

Drive Duration: 8 hrs

After spending two days in Kathmandu, we will drive you to Chame. 7-8 hrs of drive take you to Chame through Prithvi Highway. After crossing Kathmandu, You can enjoy a greener environment throughout the Trisuli river. From Mugling Marsyangdi river, we cross many villages before arriving at Chame.

You will be staying at a tea house in Chame. There you can enjoy suitable Accommodation and food.

Day 04

Trek to Pisang

Maximum Altitude: 3300 meters

Trek Distance: 13.7 km

Trek Duration: 5-6 hrs

After breakfast at Chame the following day, your trek begins by viewing the magnificent view of Mt. Annapurna. Your walking routes consist of pine forests with a slope down to River. The walk up to Pisang is quite happening as it follows the <u>Annapurna Circuit trek</u>.

Day 05

Pisang to Humde village

Maximum Altitude: 3350 meters

Trek Duration: 5-6 hrs

We'll leave Pisang after breakfast and proceed to Humde Village. Walking the trail with magnificent mountain views, rising hills, and a monastery is much more enjoyable. This hike is a bit easier than last time, as there are fewer climbs and the dusty roads pass through well-placed rock walls.

Humde, well known for its airport, is a lovely town in Manang's east. The airfield is around 2.5 kilometers from Manang's center of attraction. The entire village of Humde is crammed with spectacular vistas of mountains and landscapes. Accommodation at the local lounge and local food makes your trek journey Meaningful.

Day 06

Trek to julu khola

Maximum Altitude: 4640 meters

Trek Duration: 5-6 hrs

After a night at Humde village, another trek begins. The hike continued until we could not find Yak Kharka. with stunning views from here, such as snow-capped peaks, dramatic high cliffs, and a monolith that attracted your eyes. There is a Pine forest with Himalayan scenery until reaching Jhulu Khola.

Day 07

Acclimatization at Jhulu Khola

As Julu Khola lies at an altitude of around 4640 masl, you need to Acclimate yourself for the further hike. After breakfast, you can explore a nearby village by stepping slowly.

Beautiful panoramic landscapes, clear mountain views, and village culture make your short hike worthwhile. One day of Chulu Peak climbing rest at Julu Khola helps you cope with high altitude sickness as you go further

Day 08

Trek to Chulu East Base Camp

Maximum Altitude: 5140 meters

Trek Duration: 5-6 hrs

We'll be heading to the path now after making the acclimatization day at Julu Khola and feeling rejuvenated. As we leave the settlement, we'll take the route that rises uphill to meet Chulu East Base Camp. This section is more accessible than Island Peak climbing.

The trail to Chulu east becomes arduous as it passes over rocky sedimentary sequences. To get to Chulu Far East Base Camp, we'll have to scramble the trail for another 6 hours, where we camped overnight.

Day 09

Acclitamize at Chulu East base camp

The hilly trails and icy terrain make walking from the Chul East Base Camp difficult and tiring. Walking too fast can cause physical pain and difficulty breathing. As a result, we rest for the day and allow the body to adapt to lower oxygen levels in the air.

Instead of just hanging out and killing time, go around the base camp and visit a quieter place. To adapt, take a walk in many areas with steep uphill slopes and spectacular views of the mountains. We return to the camp and sleep soundly when the sun goes down.

Day 10

Trek to Chulu East High camp

Maximum Altitude: 5600 meters

Trek Duration: 8-9 hrs

We may now hike up the sloping trail to Chulu East High Camp, located at the height of 5600 masl. You can see Pisang Peak, Annapurna Mountains, and Chul West on the way. Spending time in high camps is just as enjoyable, with stunning views of the surrounding countryside and the colourful valleys beneath

As the path for the Chulu Nepal climb progresses, it passes through snowy hills that can only be negotiated with safety gear. The trail continues uphill, which is gruelling and takes a long time, around 8-10 hours. Our team will set up tents and make suitable arrangements for climbing Chul East Peak.

Day 11

Chulu East Peak Summit

Maximum Altitude: 6584 meters

Trek Duration: 11-12 hrs

It's the day that will determine whether our days of struggle and workforce on the trail were worthwhile or not. So, with a backpack full of gear, we'll walk steadily to the path that passes among icebergs and snowfields.

You will finally reach the summit after trekking through the towering cliffs, icy slopes, and open canyons for about 11 hours.

From the top, you can enjoy the breathtaking views of Annapurna II, the Glacier Dome, and Dhaulagiri in space. After visiting the hidden glaciers and mountains, we take a step back and take the same route back to the base camp.

Trek to Manang

Maximum Altitude: 3519 meters

Trek Duration: 5-6 hours

It's time to get back on the trail after that beautiful adventure to the peak of Chulu East Peak. After stepping down to base camp, as soon as possible, we head for Manang, a significant destination for the <u>Annapurna Circuit trek.</u>

The calm trail leads to wonderful Khangsar with beautiful vistas. We'll have simple access to Khangsar village by crossing the Khangsar Khola bridge. We'll continue on an uphill hike that provides a stunning perspective of Chulu East and its surrounding mountains. After more than 8 hours of trekking north of the base camp, you will arrive at Khangsar village.

Day 13

Trek to Siri Kharka

Maximum Altitude: 4060 meters

Trek Distance: 10.5 km

Trek Duration: 7-8 hrs

Trekking takes more than 7 hours so it will be tiring on your way to Siri Kharka. The road is long and uphill and requires a lot of physical strength.

After crossing Khangsar Khola, drive towards Shree Kharka village. Once in the town, you can go sightseeing, see the blue sheep and interact with the locals.

Day 14

Trek to Tillicho base camp

Maximum Altitude: 4200 meters

Trek Distance: 7.2 km

Trek Duration: 5-6 hrs

After 7-8 hours of trekking from Siri Kharka, you will arrive at Tilicho Base Camp. Hiking to the Tilicho base camp is more accessible than trekking to Siri Kharka. We'll then descend the slope on a narrow track that passes through landslide-prone sections.

Passing subglacial lakes and glaciers makes the trek difficult on your way to Lake Tilicho. It's fun to see, but walking the trails is difficult and unpleasant. There is a chance to find wild creatures and birds while travelling through the wild forest.

Day 15

Trek to Tillicho lake

Maximum Altitude: 4919 meters

Trek Distance: 10 km

Trek Duration: 4-5 hrs

Early mornings are ideal for viewing Tilicho Lake's pristine beauty, so get up an early hour to experience this core experience. We'll eat breakfast shortly before our journey begins by crossing permafrost and frozen paths.

The lake's beauty is unaffected by seasonal fluctuations. It is surrounded by lofty mountains that continuously provide the lake with fresh water. We'll return to the route and walk gently after exploring the sequence of mountains and vibrantly blue water.

Day 16

Trek to Yak Kharka

Maximum Altitude: 5120 meters

Trek Distance: 10 km

Trek Duration: 6-7 hrs

After having a great time on Lake Tilicho, we head straight to the trail. Follow the snow-covered fluffy path and cross the Meso Cantara Pass at 5120 meters. The route requires a lot of hard climbing, so keep that in mind when walking the trails.

A wooden bridge will guide you through an unmarked route across the Thorung Khola River. We are spending the rest of our time exploring communities once we get to Yak Kharka after a 7-hour journey

Day 17

Trek to Jomsom

Maximum Altitude: 2743 meters

Trek Distance: 22 km

Trek Duration: 5-6 hrs

After descending the trail from Yak Kharka, we'll head north to Marpha. This charming community is known for its apple orchard. We'll continue on an easy path into <u>Jomsom</u>, the administrative centre of Mustang District.

Historical museums, medieval monasteries, and manuscripts abound in this magnificent location. Glistening white mountains and landscapes makes the mesmerizing moment. Jomsom is located at an altitude of 2743 masl.

You can also walk towards **Upper Mustang** from here.

Flight to the Pokhara

Maximum Altitude: 1400 meters

Flight Distance: 67 km

Flight Duration: 20 minutes

After exploring the Jomsom, you can take a scenic flight to the Pokhara. The flight to Pokhara takes around 20 to 25 minutes, during which time we get to see a variety of mountains and waterfalls.

At Pokhara, you can visit Barahi Temple and other exciting places. I spent the evening watching the sunset and Machhapuchhare on Phewa Lake. Return to the hotel before dinner and have a good night's rest.

Day 19-20

reserve day

The purpose of Reserve Day is to offer trekkers extra time in case they get altitude sickness. It's utilized when hiking is hampered by inclement weather like thick snow, strong winds, or haze. Reserve Day also helps with Chulu East Peak Climbing adaptability and training.

Day 21

Drive to the Kathmandu

Maximum Altitude:1350 meters

Drive Distance: 200.9 km

Drive Duration: 5 hrs 30 min

Take a tourist bus from Pokhara to Kathmandu, which takes around seven hours, or fly for about 25 minutes and spend the night at a hotel. You can take a short evening night out in Kathmandu.

Day 22

Final departure

Our team members will drop you off at the airport for your final flight. It's time to bid farewell with the beautiful memories of the trip in our minds.

What To Expect?

What's included

- Four nights of Hotel accommodations in Kathmandu on a B/B basis;
- Pick up and drop from Kathmandu airport to the airport.

- Three meals a day (Breakfasts, Lunch, and Dinners with tea or coffee) during the trek
- Climbing period & overnight in a tent.
- Trekking Permit (National Park entry fee)
- TIMS card (Trekking Information Management System) Permit
- Climbing permit
- Necessary staff during the trekking and climbing period With Experience Guide and Porter experienced
- Government license holder Climbing guide during the climbing period as per group size.
- Group medical supplies (First Aid medical kit will be available)
- One tent will be open in the Base camp for two people on a shared basis;
- High-altitude food and all climbing crew will be available above the base camp.
- Necessary fixed and dynamic ropes will be available during the climbing period.
- The necessary kitchen crew will be available in the base camp
- Complete pre-departure information, flight ticket reconfirmation and extend visa service(if required)
- Farewell Dinner in Kathmandu before departure.

What's not included

- Lunch and dinner in Kathmandu.
- Emergency rescue evacuation if required.
- Airfare international flights
- Any Alcoholic, hot and cold drinks, hot shower.
- Personal climbing equipment
- Icefall fees Garbage Deposit (Sharing with other members) if applicable.
- Travel Insurance

FAQs

Is the best season for Chulu East Peak Climbing?

Caution should be taken when planning challenging activities such as the Chulu Peak Climb, as the season can significantly impact your trip's overall outcome. Spring and autumn are the ideal hiking seasons to start your Chulu East Peak Climbing. The highest number of trekkers can be seen during these seasons. The weather is likely to be pleasant in the spring (March-May) and fall (September-November), with clear blue skies and spectacular panoramic views of mountains.

We recommend you choose this season for your lifetime trekking adventures. We strictly ask you to avoid Chulu East peak in Summer/ Monsoon, i.e., June to July, and Winter, i.e., January to February.

Can you do the Chulu East Peal Climb Solo?

You can trek Solo in Chulu East but you must hire a guide. You will not have to worry about your safety, whether on a solo or a group trip. As you know, travelling solo itself is an adventure, but not on all routes. Due to long trekking routes, you may have problems carrying bags and navigating. So having a Porter and Guide for your Chulu East Nepal trek would be best. That is Why the Government of Nepal doesn't issue permits for Solo or group trekkers unless you hire a guide.

How to Train for Chulu Fast East Trek?

Focus on cardio as there is less accessible oxygen in the air at higher altitudes. Cardio helps you to vole with that. When trekking, you may need to start with strength training—practice hiking at a slightly higher altitude than you are accustomed to. You can also exercise in the gym. One of Nepal's best hiking training for peak climbing is to run at least 4-5 times a week for 30 minutes.

What kind of Accommodation Do I Get?

There are hotels, lodges, and tented camps throughout your journey. All rooms will be shared, with two people per room in hotels and motels and two people per camp in case of a tent.

We start to set up camps from the Chulu Base Camp for a few nights. The staff will help set up the camps and prepare warm food for the day.

How long is the Chulu far East climb itinerary?

The entire itinerary will take about 20 days from arrival in Kathmandu to return to your home country. If you want to complete your mountaineering expedition within two weeks, you can do it. But, in the high Himalayas, there is a chance to quickly change altitude sickness and climate. Changing weather also affects your trekking time. If you face frequent altitude sickness, we need more acclimatization days, which can lengthen your Chulu trek journey.

Additional Information

Chulu East Climbing Cost

The Chulu East Climbing Cost is somewhere between 2250-2400 USD. Cost depends upon whether you are with a group or solo. MyEverestTrip provides the best facility with suitable accommodation and food during your trek. Our motto is to make the trekkers happy by providing a secure and good facility at a lower cost. Prices are subject to mutual agreement. That is, if you want to add some services, you will be charged for these additional services, and if you want to reduce certain services, you will be charged less. This Chulu East Nepal trek route will change depending on time and requirements.

Chulu peak climb cost includes:

- Pick up from Kathmandu International Airport with a private vehicle as you arrive in Kathmandu.
- Two nights accommodation at a deluxe room in Kathmandu and one night in Pokhara.
- Depending on the number of people at your party, there will be one expert cook and kitchen staff.
- During the walk, several porters are required (one porter equals one passenger).
- Transportation by Micro Bus from Kathmandu to Chame and back.
- You'll stay in a quest house while hiking, and on climbing days, you'll stay in a tent.
- Fees for climbing Chulu East Peak, Guide Bonus, and Chulu Peak Guide Insurance.
- Oxygen meter for checking heart rate, pulse, and atmospheric oxygen levels at high altitude
- Annapurna Conservation Area Entry Permit
- Peak climbing Permit.
- TIMS card.

- Government taxes
- Trekking Map
- Medical kit.

Chulu East Nepal Climb Difficulty

This Chulut East <u>Nepal peak climbing</u> is moderate to great difficulty; you need a sense of adventure and a commitment to reaching the top. It cannot be compared to the <u>Everest</u> Expedition regarding problems, but it is also not a simple summit. On the other hand, this Chulu Far East Climb Adventure will enchant you with its enthralling and beautiful trek to the glorious pinnacle of Chulu Far East Nepal.

In rugged and challenging terrain, trails are full of climbs and canyons. You also have to walk along with the snow and glacier. The trek requires a daily walk of 6 to 7 hours, which can be extended to 8 or 9 hours. To go on this adventurous tour, you must be in good health and have a high level of physical fitness. In addition, prior trekking experience is required.

Altitude is an essential factor in the climbing program for Chulu East Peak. You spend most of your time above 2,500 meters. There's a chance you'll get altitude sickness if you go higher than the referenced height. Suppose your body does not fully acclimate to the elevation; the risk of altitude sickness increases. As a result, we've planned our itinerary to include plenty of relaxation days.

Training for Chulu East Nepal climb: Regular cardiovascular training at home, such as cycling, swimming, hill climbing, and lots of walking, can help you prepare. You can mentally prepare yourself for a daily walk of 5 to 6 hours on the trek. Seek out hills or a tall building and go up and down the stairwells several times. It may be helpful for your Chulu Peak Climb.

Chulu East Peak Climbing Permits

Trekkers should contact recognized trekking agencies, who could apply for Chulu East permits (on their behalf) at the Department of Immigration, completing all relevant paperwork. Trekkers should travel in a group (minimum of two people) with a qualified trekking guide. Individual trekkers are not eligible to apply for a Chulu peak permit. The permit is in US dollars but must be paid in Nepalese rupees. No trekking permit for Chulu east peak will be issued after your visa has expired. For this reason, the trekker must have a valid visa for enough days to cover the entire trekking route.

Trek permit includes

- Fees for entering the Annapurna Conservation Area and obtaining a TIMS (Trekkers' Information Management System) card.
- Nepal Mountaineering Association climbing permit for Chulu East Nepal

Best season for Chulu Peak Climbing

Caution should be taken when planning challenging activities such as the Chulu Peak Climb, as the season can significantly impact your trip's overall outcome. Spring and autumn are the ideal hiking seasons to start your Chulu East Peak Climbing. The highest number of trekkers can be seen during these seasons. The weather is likely to be pleasant in the spring (March-May) and fall (September-November), with clear blue skies and spectacular panoramic views of mountains.

We recommend you choose this season for your lifetime trekking adventures.

We strictly ask you to avoid Chulu East peak in Summer/ Monsoon, i.e., June to July, and Winter, i.e., January to February.

Why US

<u>MyEverestTrip</u> is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.



Our Expert Guide:

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



Fair and reasonable Cost:

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden

expenses after the packages are booked.



Your safety is our priority:

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.



Responsible and Eco-Friendly

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the package has to be discouraged).
- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

Map



Contact Us

Head Office

Saat Ghumti Marg 3, Kathmandu 44600, Nepal

Email: info@myeveresttrip.com

Skype: myeveresttrip

WhatsApp +9779851069558

Taiwan

Salik KC / [] []

Xinyi Road, Sec-2, Taipei City

Cell: <u>+886-909439712</u>

Romania, Germany, and Italy Deniela Schiopu WhatsApp +40721971479

United Kingdom (UK) Eddy Cota

WhatsApp: +447521762520

My Everest Travels & Tours is a Government recognized and registered Travel Agency. Reg: 64831/066/067