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Astounding Ghorepani Poon Hill Trek

- Duration: 06 Days Days
- Max Altitude: 3,210 m
- Destination: Nepal
- Trip Grade: Easy
- Best Season: All Year

Highlights

The Ghorepani Poon Hill Trek is popular and relatively easy in the Annapurna region of Nepal. It is known for its stunning mountain views, beautiful rhododendron forests, and the iconic sunrise view from Poon Hill.

Poon Hill Sunrise: The sunrise view from Poon Hill (3,210m) is a major highlight of this trek. Early morning, you hike to the viewpoint and witness the spectacular sunrise over the Annapurna and Dhaulagiri mountain ranges. The panoramic vista includes peaks like Annapurna I, Annapurna South, Machhapuchhre (Fishtail), and many others. The golden hues of the rising sun on the snow-capped mountains create a breathtaking scene.

Rhododendron Forests:

During the trek, you'll pass through beautiful rhododendron forests, especially in the spring season (March-April). The rhododendron trees' vibrant red, pink, and white blossoms create a colorful and enchanting atmosphere along the trail.

Traditional Villages:

The trek takes you through charming villages inhabited by the Gurung and Magar communities. These villages, including Tikhedhunga, Ulleri, Ghorepani, and Ghandruk, offer a glimpse into the local culture and lifestyle. You can interact with the friendly locals, visit traditional houses, and experience their warm hospitality.

Sunrise/Sunset at Tadapani:

Besides the sunrise at Poon Hill, you can also witness beautiful sunrise and sunset views from the village of Tadapani. The village is situated amidst lush green forests and provides stunning views of the

surrounding mountains.

Himalayan Panorama:

The trek offers panoramic views of the Annapurna and Dhaulagiri mountain ranges throughout the journey. The majestic peaks, including Annapurna South, Himchuli, and Machhapuchhre, dominate the skyline and provide a dramatic backdrop for your trek.

Traditional Food:

Along the trekking route, you can enjoy traditional Nepali food, such as dal bhat, momo, and local delicacies. You'll have the chance to taste the region's authentic flavors and replenish your energy with delicious meals.

The Ghorepani Poon Hill Trek is a relatively short trek that can be completed in about 4-5 days. It is suitable for trekkers of various fitness levels and offers a rewarding experience with its stunning mountain vistas, natural beauty, and cultural encounters.

Overview

Ghorepani Poon Hill Trek is a short and easy trekking package in the Annapurna region. The Ghorepani Poon hill trek offers a taste of local culture with dramatic views of the landscape and sunrise view. [Ghorepani village](#) is small but beautiful, and [Poon Hill](#) is the famous viewpoint for sunrise views in the Annapurna range. This trekking route is possible to hike on all year round.

Why Ghorepani Poon Hill Trek?

[Ghorepani Poon Hill trek](#) is one of the most popular accessible trekking routes for those wishing to experience trekking in Nepal. It is the perfect combination of challenging and achievable. With its mix of traditional villages, beautiful rhododendron forests, and panoramic mountain views, it's easy to see why so many travelers choose this adventure when wanting to enjoy one of our Ghorepani poon hill trek maps.

This 6-day Ghorepani poon Hill Trek starts from Nayapul, where you will cross the suspension bridge of Tikhedhunga. The challenge begins as you climb around 3000 stone stairs, reaching higher and higher into the enthralling presence of the Annapurna peaks. You will enjoy the picturesque landscape that hosts Gurung and Magar culture throughout the climb. As you trek through the [Gurung village](#) of Ghandruk and visit their traditional museum, you will be treated to breathtaking fishtails and Annapurna south views.

One of the highlights of this trek is the viewpoint of Poon Hill (3210m), which offers you the best sunrise with mountain views. You will see panoramic views of the Annapurna and Dhaulagiri ranges, along with Nilgiri, Tukucho Peak, Lamjung Himal, Mt. Manaslu (8156m) ranges, Machhapuchhre (6993m), and more. As you take a break from your hike and relax, you will watch the mountains come to life as the sun rises and fills the region with morning light.

Best Time For Ghorepani Trek

If you visit in April, you will walk through the dense rhododendron forests that make this trip particularly unique and memorable, along with a wealth of other flora and fauna. Therefore, joining us for this trek between March and May or September and November is recommended.

The Ghorepani Poon Hill sunrise trek be done as a 5-day [Annapurna short trek](#), or for those wishing to take their time; it can be extended for up to 09 days. This makes it the perfect choice for anyone wishing to try an easy and short trek and is ideal for people of all age groups who want to quench their thirst for an Annapurna adventure. For Short Himalayan treks, it really cannot be beaten.

Ghorepani Poon Hill Trek Cost

The Ghorepani Poon Hill Trek typically costs between \$580 to \$1100, covering permits, guides, meals, and accommodations. Budget variations exist depending on trek duration, amenities, and individual preferences. The trek offers a more economical option compared to longer treks in the Annapurna region, making it accessible to a wide range of trekkers.

My Everest Trip provides excellent services to our national and international clients. Our team of experts makes it their mission to ensure your trek is as comfortable as possible. They are qualified, knowledgeable, and on hand to answer any questions about the Ghorepani Poon Hill Trek Cost or the Poon Hill trek difficulty. Or, If you would like to learn more about what it is like to participate in this exciting experience,

If you need More Information You can read our Blog [Poon Hill Trek](#) below.

Day 01

Drive / Flight to Pokhara, Altitude: 800 meters / Duration: 8 hours/ 25-minutes

Today, we leave the city of Kathmandu and drive calmly on the Prithivi highway. While driving from [Kathmandu to Pokhara](#), We move on the bank of Trishuli and Marsyangdi, along with beautiful hills accompanying us for a long drive. In the evening, we enjoy a great dinner in the charming stress of the Lakeside.

Or, a morning flight of 25 minutes will take you to Pokhara. During the flight, you can enjoy the views of mountain vistas below your feet while visiting Pokhara. Overnight in Pokhara

Day 02

Drive to Nayapul and Trek to Tikhedhunga, Altitude: 1540m / Duration: 4 - 5 hour trek

Today we will drive to [Nayapul](#) in a private vehicle. The drive is scenic, with views of the countryside. From Nayapul, we will start our trek. First, we descend for a few moments and start up towards Tikhedhunga. This walk section can be demanding for the newbie as the path is mostly uphill. However, the rivers and suspension bridges keep us excited.: Overnight in Tikhedhunga

Day 03

Tikhedunga to Ghorepani, Altitude: 2850m / Duration: 6-7 hour trek

The four h day of Ghorepani Poonhill Trekking is quite relaxing. After breakfast, our walk heads along the river bank to Tikhedunga. The hike to Ghorepani is usually uphill with a small staircase. The pine, oak, and Rhododendrons forest gives us great company during the journey. The Ghorepani village is like a base camp for Poonhill; it has some luxurious tea houses, Overnight at Ghorepani.

Day 04

Ghorepani to Ghandruk Altitude: 1940 meters / Duration: 7 - 8 hours

In the morning, we trek to Poonhill for the stunning sunrise view. We can capture some beautiful glimpses of [Annapurna](#), Dhaulagiri, Fishtail, Lamjung Himalayan ranges, etc., from Poonhill. After an hour of enjoying such a beautiful scene, we will walk down to Ghorepani. After breakfast, we start our trek to Ghandruk. The path in the forest with a beautiful stream accompanying us is pretty interesting. You can even try the Gurung dress for Photoshoot and enjoy local foods here at Ghandruk.

Day 05

Drive Ghandruk to Pokhara . Altitude: 800 meters / Duration: 3 hours

The morning view of the mountains from Ghandruk is magical. Mt Annapurna appears every close and exciting from Ghandruk. If we have some areas around Ghandruk left yesterday, we will visit them today. After the delicious breakfast from Ghandruk, it's time to return to Pokhara. The trekkers prefer to walk down from Ghandruk for about 2 hours so that we can join our vehicle at Kimche. You can even walk up to Nayapul, which is uncommon nowadays. Further, if you don't feel like walking from Ghandruk, we can get the Jeep to Pokhara from the village.

We will enjoy an exciting dinner on the shore of Lakeside. It's a perfect time to hit a bar and enjoy the nightlife of Pokhara or rejuvenate your body with a Spa. Overnight in Pokhara

Day 06

Drive/ Flight to Kathmandu, Altitude: 1400 meters / Duration: 8 hours/ 25-minutes

This is the day to get back to Kathmandu by bus or flight. If you take a flight, we can explore nearby places around Thamel. Later, you can shop for some souvenirs from your loved ones. For the evening farewell dinner, you can share your experience during the trip and make suggestions for us. Overnight in Kathmandu

I wish you an incredible journey back home.

What To Expect?

What's included

- Kathmandu – Pokhara – Kathmandu By tourist bus/flight up to your request
- Trekking map
- An experienced Government license holder guide
- Insurance, salary, equipment, transportation, local tax for guide.
- Group medical supplies (first aid kit will be available)
- All necessary paper works and national park entry permits
- Travel and rescue arrangement
- TIMS (Trekkers' Information Management System)
- All government taxes and tourist service charges

What's not included

- Meals in Kathmandu before and after trekking
- Your travel insurance (Rescue)
- Nepal entry visa fee.
- Tips for trekking staff and driver
- Drinks (hot, cold, and alcoholic)
- Trekking porter/Sherpa who will carry your bags during the trekking.
- Personal shopping and laundry etc
- Personal trekking equipment

FAQs

How Hard is the Ghorepani Poon Hill Trek?

Poonhill trek difficulty is graded as “easy.” It’s an easy walk below 3,000 meters at sea level. Ghorepani Poonhill Trek distance is also about 60 km only, which is to be completed in 5 days. An entirely leveled paths, comfortable tea houses, and the lower altitude of Poonhill make this a wonderfully easy trek in the Annapurna region. It needs no expertise and preparation. So, this Ghorepani Poonhill Trek 5 days is quite an easy trek in Nepal.

Is Food Included in the Ghorepani Trek Package?

During the trek, all three meals of the day are included. The same menu is available throughout the hike, and the price is very reasonable. You are going to love the Dal Bhat combination the most. Do try local foods such as Thukpa and butter tea. Also, you might ask the owner to prepare their traditional soup made of meat, vegetables, and local species. Most foods served in the guest house are grown locally and taste great.

How can you get to Nayapul From Pokhara?

From Pokhara, we need to reach Nayapul, the starting point of this journey. The ride to Nayapul is about 2 hours long on the Baglung- Pokhara highway. You can hire a private Jeep/ cab from Lakeside. Or, one can get public transportation to and from Nayapul from Zero km/ Hari Chowk / Baglung Bus Park. The bus fare is cheaper, but getting a private Jeep is a more comfortable choice. If you wish to avoid the steep walk to Ulleri, you can take a private Jeep to this village. Also, a public bus and Jeep are available from Ghandruk to Kathmandu.

Is there Electricity/ Wi-Fi in Poon Hill Ghorepani Trek?

Yes, the entire trekking route has been connected with Wi-Fi and electricity. The tea house owner might or might not charge you electricity, but you must pay a few dollars to use Wi-Fi in the Ghorepani Poon hill trek.

Final words,

So, what are your thoughts about booking MyEverestTrip Ghorepani Poon Hill Trek? We will be glad to be helping you with all trips and treks in Nepal, including this one. Send us an email for general queries or bookings.

We are excited to meet you...

Ghorepani poon hill trek 3 days?

Yes, it is possible in 2 night 3 days also.

Additional Information

Permits For Poon Hill Trek

Firstly, the trekkers have to issue a Tourist visa to Nepal. The permit can be received upon arrival at the entry points of Nepal, including the airport. As long as you have a valid passport, the visa is available for about USD 50.

Being a conservation area, you need a special permit to enter the Ghorepani Poon Hill region. Some areas of Annapurna have been under conservation to preserve the local wildlife from extreme invasion. The Annapurna Conservation Area Project permit costs USD 30 per person for foreigners and Rs 200 per citizen of SAARC. TIMS card is available at the Tourist Service Center, Kathmandu, or Pokhara at the cost of NRs. 1,000 for group trekkers and NRs 2000 per solo trekkers for Ghorepani Poonhill Trek from Pokhara.

Thankfully, MyEverestTreks does all the paperwork while you enjoy your time in Nepal. That's why trekking with a Ghorepani Poonhill package is an easier option.

Hotels in Ghorepani

Did you know this short [Poon Hill Ghandruk trek](#) has become popular due to its comfortable accommodation? You can find great hotels, many teahouses, and facilities throughout the trekking trails. Teahouse accommodation having a basic twin-sharing bed is expected during the trek. And the word “basic” means a bed, a mattress, a pillow, and a blanket. That’s all! Carrying your lightweight blanket/sleeping bag is wise, especially for the winter trek.

Ghorepani Poon Hill Ghandruk Trek

Guesthouses in Ulleri, Ghorepani, and Ghandruk provide way better facilities than other top trekking places in Nepal. Almost all lodges have in-room plugs, Wi-Fi, and a hot shower. The bathroom is mostly on a sharing basis. Nowadays, Ghorepani has a star hotel with an attached bathroom. Tadapani has a few cozy hotels run by locals and remains very crowded during the peak season. Make sure that you book your rooms in advance.

In Kathmandu and Pokhara, all the accommodations will be shared. You will stay in a 3-star hotel with a private bathroom and hot shower. All basic amenities are available in the room. You might also switch to other 5-star hotels around the valley alone. However, we can assist you with the booking process.

Best Time For Poon Hill Trek

Thankfully, the Ghorepani trek is one such exciting trekking trail in Nepal that can be conquered throughout the year. The region looks completely different in all seasons and offers various perks in different weather. Let’s discuss

Autumn in Poon Hill:

Autumn might be the best season for the Ghorepani Poonhill trek Itinerary if your target is the exciting mountain view. The mountain can be seen from morning to evening, with the Panorama clearer than ever. This is the peak season with no chance of rain and warm temperatures.

Spring in Poon Hill:

Imagine being in a thick forest full of red, pink, and white wildflowers. The heavy bloom of Rhododendrons in Spring makes it look like a piece of heaven in Spring. The only problem is that the mountains might not be entirely visible if it rains in Spring.

Winter in Poon Hill:

Almost all Ghorepani and Poonhill areas are covered with snow from late December to early February. The glittering white mountains and snowfall above the tree make it a fascinating travel time. All you need is warm clothes and guidance from the MyEverestTrip guide.

Summer in Poon Hill:

is probably the least preferable time for the [Ghorepani Poon Hill trek](#). The rainfalls and bliss hide the mountain with dark clouds in the evening, and the path is also slippery. However, it’s green and fresh, with new vegetation emerging everywhere.

Why US

[MyEverestTrip](#) is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.



Our Expert Guide:

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



Fair and reasonable Cost:

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden expenses after the packages are booked.



Your safety is our priority:

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.

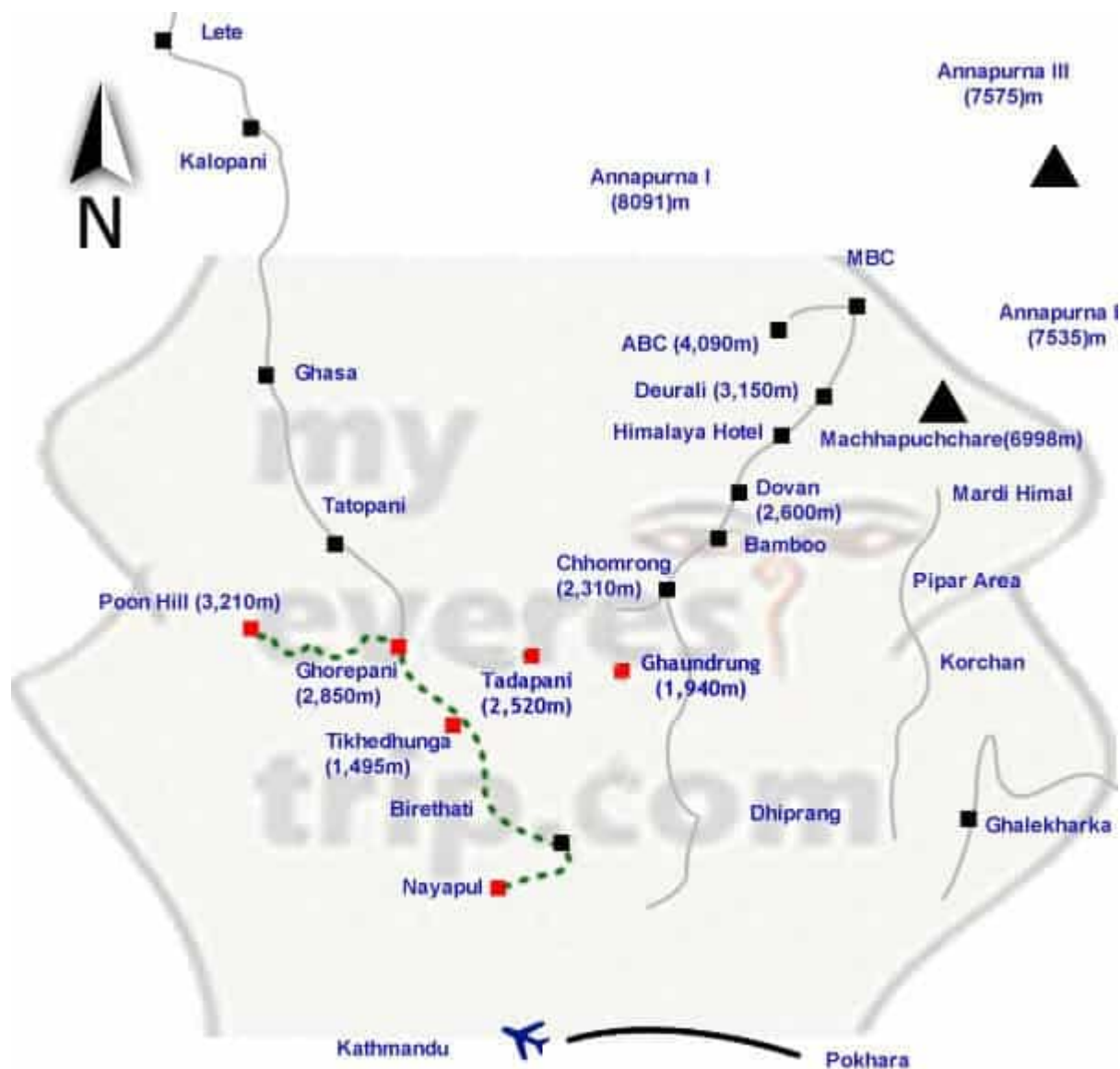


Responsible and Eco-Friendly

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the package has to be discouraged).
- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

Map



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