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Lobuche Peak Climbing

- Duration: 18 Days Days
- Max Altitude: 6,119m
- Destination: Nepal
- Trip Grade: Moderate
- Best Season: Autumn, Spring

Highlights

- Summit Lobuche Peak at 6,119m – the incredible feeling of accomplishment.
- Exploration of Everest Base Camp.
- Multifaceted benefit – Sherpa people group.
- A 360-degree perspective on Everest, Lhotse, Pumori, Ama Dablam, Cho-Oyu, and Tibetan Peaks
- Outdoors at a portion of the wild and remote valleys of the Himalayas.

Overview

Lobuche Peak Climbing gives an exceptional taste of the Himalayas as you stand on the summit of Lobuche East (6119m) on the stunning peaks of the Khumbu region. This Lobuche East Peak Climbing is the third highest-selling trekking peak in Nepal. There are two different peaks under the same name of Lobuche – Lobuche East and Lobuche West. Both climbing peaks need a separate climbing permit. Among them, Lobuche East is the most popular climbing in Nepal.

Highlights of Lobuche Peak Climbing

This journey takes you through various Sherpa villages and Buddhist monasteries, sitting peacefully in the lap of the Khumbu Himalayas. [Lobuche East Peak](#) is considered more trekking by the Nepal Mountaineering Association. Hence it can be conquered by any mountain lover without prior climbing experience. However, one must be physically fit before taking on this adventure.

The Lobuche Peak Climbing starts from the country's capital, Kathmandu, and goes through the Khumbu region's highs and lows and ups and downs. The scenic flight to Lukla, with an aerial view of the [Himalayan](#) ranges, marks the start of your journey in the wilderness. Walk through the silent forests to the village of Phakding as the trail continues through the alpine forests of Sagarmatha National Park en

route to Namche, the Gateway of Everest. The trek passes through different rivers, bridges, and diverse vegetation. The trail also provides an opportunity to look into the Buddhist culture of the Himalayas as it takes you to Tengboche Monastery, which holds high cultural value to the Sherpas of the region. Passing through many small Sherpa settlements, the trail leads to [Everest Base Camp](#), adorned with incredible views of various peaks like Nuptse (7861m), Pumori (7161m), Lingtren (6749m), and Khumbutse (6636m). The vista of Everest (8848m), glimmering in all its glory, seen from the summit of Lobuche Peak, is bound to leave anyone awe-struck.



Lobuche Peak Climbing

My Everest Trip provides you with the best equipment required for peak climbing. Also, you will be accompanied by our experts, who have been accustomed to this route.

Day 01

Arrival in Kathmandu

Our team will assist you when you land at the airport. Soon enough, we will be driving toward Thamel in a private car. You will be introduced to the crew in the evening, and the guide will brief you about the journey. Together, we enjoy a delicious Nepalese dinner in a beautiful restaurant. Overnight in [Kathmandu](#)

Day 02

Sightseeing in Kathmandu and preparation

Today, we visit many UNESCO world heritage sites around Kathmandu. Our destinations are Swayambhunath and Bouddhanath stupa, the very holy sites for followers of the Buddhist religion. Next, here is Pashupatinath, the temple of Lord Shiva. We also visited Kathmandu Durbar Square, which used to be the home to the kings of Nepal. Here, you can see the Living goddesses' homes. Then, we get to Thamel for the trek preparation.

In Thamel, we shall rent or buy some essential climbing gear. The guide will help you pick the best tool and pack your bags. Then, we shall be all ready to depart. Overnight in Kathmandu

Day 03

Fly to Lukla and walk to Phakding

- Altitude: 2,653
- Duration: 35 minutes of flight, 3-4 hours walk

You will start the day early as you take the flight to Lukla (2,840m). Moreover, this exciting flight to Lukla airport will be a thrilling experience. Also known as the gateway to the Khumbu, Lukla provides the foremost glimpse of Everest within the distance.

Here, we'll meet the staff accompanying us for the trek. Shortly, we will depart for our first trek. Savouring the beauty of the Everest region, we slowly head toward Phakding. Further on the way, we pass the Monjo village on the banks of the Dudh Koshi. For the night, we crash in one of the well-built lodges of Khumbu. Overnight in Phakding

Day 04

Rest in Namche Bazaar

Today, rest in Namche as you acclimatize to catch up with the altitude. Spend the day exploring the Sherpa town, visiting the Sherpa museum, and trying Sherpa food in Namche Bazaar. The market of Namche Bazaar has a lot to offer. Or you can hike up to Everest View Hotel near the Syangboche airstrip for a glorious view of Everest (8848m) and other Khumbu peaks. Overnight at the tea house.

Day 05

Trek to Tengboche

- Altitude: 3,855m
- Distance: About 6 hours

Walking closer to Mount Everest (8848m) with a view of Ama Dablam (6812m), Lhotse (8516m), Taboche (6542m), Kangtega (6782m), and Thamserku (6623m), you trek to the village of Tengboche. Following a pretty easy trail through the pine forests, you reach Tengboche Monastery, draped with a panoramic view of the Himalayas. This monastery holds great religious importance to the local Buddhist pilgrims.

Overnight in Tengboche

Day 06

Trek to Dingboche

- Altitude: 4,360m
- Duration: 5 hours

From Tengboche, we walk further north on the forested trail. After 3 to 4 hours, we reach the beautiful Sherpa village of Pangboche. "Pangboche Monastery", built in the 16th Century, is one of the oldest monasteries in history. We can witness the claws and skulls of the Yeti, the so-called loyal pet of ancient monks living in the Himalayas. Walk past Mani walls, Chortens, and several small villages to enter Imja Valley. Upon arrival in Dingboche, you will enjoy the sight of barley and buckwheat fields with the snow-

capped mountains as the backdrop.

Overnight in Dingboche

Check [Everest Three Pass Trek](#) for a more adventurous journey.

Day 07

Rest day in Dingboche

Today, again, you will acclimatize to continue the remaining trek with ease. Walk past Mani walls as you hike to Chhukhung, following the trails of the Imja River. Chhukhung offers a panoramic view of the Khumbu peaks, including Ama Dablam (6812m), Amphu Gyabjen (5360m), and Lhotse (8516m). After spending some time in Chhukhung, hike back to Dingboche.

Day 08

Trek to Lobuche

- Altitude: 4,930m
- Duration: 6 hours

From Dingboche, we start the hike toward Lobuche. The trail takes us up the ridge of a top shrine and deep into the broad valley. Crossing a glacial moraine, we start witnessing a perfect view of the peaks. When we reach “Thukla,” the Partial view of Lobuche greets us. The hike to Lobuche is fun and memorable. At an elevation of about 4,940 m ft, Lobuche is approximately 8.5 km South-West of Everest Base Camp. Upon arrival, we enjoyed a warm dinner and prepared for another exciting day. Overnight in Lobuche



Day 09

Trek to Everest Base Camp (17,598 ft/ 5,364 m) and then back to Gorak Shep

- Altitude: 5,185 m
- Duration: About 7 hours

We leave Lobuche early morning and continue walking on the Alpine grassland towards Gorak Shep. Further continuing our dramatic journey to the base camp, we'll witness the Army Mountaineers Memorials. This is undoubtedly the memory you will cherish for a lifetime. With pride on our nerves, we capture some beautiful photographs and enjoy the view. The view of the world's deepest glacier, *Khumbu Glacier*, will also please us. After a lovely time in the Everest Base Camp, we return to Gorekshep for the night's stay. Overnight in Gorakshep

Day 10

Hike to Kala Patthar(5,555m) viewpoint and trek to Lobuche

- Altitude: 4,250m
- Duration: 6 hours

The splendid view of Mt. Everest from Kala Patthar is better than the one from the Base Camp. On the top, you will see multicolour prayer flags that are hung as we climb above the rocky trails. After some beautiful minutes and great photos in Kalapatthar, we walk down to Gorakshep for breakfast. Getting our bags ready, we walk towards Lobuche. Tracing our way back, we shall have a relaxing journey to Lobuche. Overnight in Lobuche

Day 11

Lobuche to Lobuche Base Camp

- Altitude: 4,950m
- Duration: 6-7 hours

Walking through a steep and rocky trail with a view of the Himalayas, you reach Lobuche Base Camp and prepare yourself for the climb. Recheck the gears and ensure enough information about the promotion. Overnight at the camp.

Day 12

Lobuche Base Camp to High Camp



- Altitude: 5,400m
- Duration: 4-5 hours
You moraines alongside Lobuche Glacier from the base camp to reach Lobuche High from the base camp to High Camp. Upon arrival, the climbing leader will give you pre-climbing training on the gears' techniques, like the ice axe, climbing boots and crampons, harnesses, ascenders, etc. Overnight in the camp.

Day 13

Lobuche High Camp to Summit

- Altitude: 6119m
- Duration: 6-7 hours

With the weather favouring your side, you climb the peak of Lobuche early in the morning today. Your climbing leader will carefully lead you to the summit through the rocky and snowy trails. After reaching the summit, you will have a spectacular vista of Everest (8848m), Lhotse (8516m), Nuptse (7861m), Ama Dablam (6812m), Cholatse (6440m), and Pumori (7161m) among others. Later, descend back to High Camp. Overnight at the camp.

Day 14

Lobuche High Camp to Pangboche

- Altitude: 3930m
- Duration: 6-7 hours

After conquering Lobuche Peak, retrace your trail to Pheriche with a distant view of Ama Dablam (6812m). You then trek through rhododendron and juniper-covered forests en route to Pangboche. Upon reaching, pay a visit to Pangboche Monastery to behold the culture of the Khumbu region. Overnight at the tea house.

Day 15

Trek Namche Bazaar

- Altitude: 3,440m
- Duration: 6 hours

The other walk takes us to the valley of Tengboche, a place with beautiful monasteries. After some rest, we move on as the trail descends on the river bank and make a final ascent to the village of Kyangjuma. After a short uphill, we reach the ridge leading to Namche. Begin in Namche; you will feel pretty welcomed and relaxed. You will stay in a standard hotel even during the cheap Everest base camp trek package. Overnight in Namche Bazaar

Day 16

Trek Lukla

- Altitude: 2,850m
- Duration: About 6 hours AAs, you pass the rhododendron forests and cross the suspension bridges over the Dudh Koshi River to reach Lukla and descend on steep trails. Since this trail is already familiar to us, we enjoy the walk. Overnight at a hotel in Lukla

Day 17

Flight to Kathmandu

You can wander around the hotel or take a nap. We suggest you walk around during the evening and enjoy the nighttime of Thamel. It's up to you. The Budget Everest base camp trek ends today. You can extend the tour to explore more adventurous spots in Nepal or prepare your bags to fly back. Overnight in Kathmandu

Day 18

Final Departure

You will be escorted back to the airport for your further departure. Do

inform us about your flight schedule so we can make the necessary arrangements. We wish you an incredible journey back home.

What To Expect?

What's included

- Three nights of Hotel accommodations in Kathmandu on a B/B basis;
- Pick up and drop from Kathmandu airport to the airport. Surface transportation will be available as per the itinerary;
- Three meals a day (Breakfasts, Lunch, and Dinners with tea or coffee) during the trek and climbing period & night intent
- Trekking Permit (National Park entry fee)

- TIMS card (Trekking Information Management System) Permit
- Climbing permit
- Necessary staff during the trekking and climbing period With Experience Guide and Porter. experienced
- Government license holder Climbing guide during the climbing period as per group size.
- Group medical supplies (First Aid medical kit will be available)
- One tent will be open in the Base camp for two people on a shared basis;
- High-altitude food and all climbing crew will be available above the base camp.
- Necessary fixed and dynamic ropes will be available during the climbing period.
- A necessary kitchen crew will be available in the base camp
- Complete pre-departure information, flight ticket reconfirmation and extend visa service(if required)
- Farewell Dinner in Kathmandu before departure.

What's not included

- Lunch and dinner in Kathmandu.
- Emergency rescue evacuation if required.
- Personal accident insurance or Helicopter rescue.
- Airfare international flights
- Nepal entry visa fee, Visa issuance is accessible at the arrival
- Any Alcoholic, hot and cold drinks, hot shower.
- Personal climbing equipment
- Icefall fees Garbage Deposit (Sharing with other members) if applicable.
- Travel Insurance.

FAQs

How Hard is Lobuche Peak Climbing?

A mountain climbing experience in Nepal can never be easy. And Lobuche Peak climbing is one of the highest trekking peaks in Nepal, so you cannot imagine it to be easy. However, since this is a practice peak for 8,000+ mountains, you can complete it with little guidance. And after conquering Lobuche Peak, the trekkers can climb other higher mountains as well.

The Lobuche East, as a trekking peak, is moderately complex. The trails can be harsh for newcomers with zero experience. At the same time, the professionals might find it less challenging.

One of the most complex parts of this Lobuche trek is climbing a 45-degree snow wall from High camp to Lobuche summit, which is 50 m high. You will be using technical gear to do the climb. Climbing with fixed ropes, the crampons make it more accessible.

However, since we walk on the classic Everest Base Camp route for the first ten days, our bodies shall be quite well adapted. This extended route helps us cope with the difficulties of altitude and distance before we begin the actual Lobuche Peak climbing.

Check [Everest Gokyo Ri Trek](#) for a fantastic view of Everest and the glacier Lakes.

Is Lobuche East Climb Technical?

Yes, Lobuche East Climb is quite technical. Since this is an actual mountain above 6,000 meters, you need all mountaineering skills. However, you don't need to learn all of these Lobuche East Climb skills in advance. Once you are in Nepal, our guide will train you for the climb. If required, we will take an additional day at Lobuche Base Camp to train ourselves in mountain climbing skills. You shall learn to use ropes, axes, and crampons. These Mountaineering gears are mostly needed when the snow is thick.

Can We See Everest from Lobuche?

Yes, you can see Everest from Lobuche. The aerial distance between Lobuche and Everest is only 12.1km. During the trek, you can see Everest right from Namche Bazaar until you are back in Lukla. From the Lobuche summit, Everest Peak looks quite magical. However, MyEverestTrip Lobuche Trek Itinerary first goes to [Everest Base Camp](#) and then to Lobuche. This means you can enjoy a fantastic view of Everest right from its foot.

How Much Does It Cost to Climb Lobuche Peak?

Lobuche Peak climbing costs about \$2150 when you book the package. In addition, you will need a few hundred dollars extra of your own. If you cannot afford this, check out our cheaper travel package in Nepal, like the [Langtang Valley trek](#).

Is Lobuche Peak Solo Possible to Climb?

Yes, the government issues the permit for Solo mountain climbers as long as a licensed guide accompanies you. As Lobuche is not a restricted trekking region, you don't need to be in a group of two people. However, since you will be accompanied by a guide (Sherpa) and porters, Solo travellers will be safe. And trust us; you won't be bored

How High is Lobuche Base Camp?

Lobuche Peak is 6119m above sea level, while Lobuche Base Camp is 4,950m. In between these two camps, there's Lobuche High Camp which is 5,400 meters above grade. There's no human settlement beyond Lobuche Village, and you will stay in tents.



Is travel Insurance Compulsory for Lobuche Peak Climbing?

You must have travel insurance before booking Lobuche Peak climbing from [MyEverestTrip](#). No travel agency in Nepal has the provision of providing travel insurance to their trekkers. And, even after a lot of precaution and preparation, there is a high chance of being sick from the altitude. In that case, you might need a helicopter evacuation which is covered by your travelling insurance. Also, it covers other medical and theft during the trek in Nepal.

Additional Information

Lobuche Peak Climbing Difficulty

Lobuche Peak climbing is an actual mountain climb that demands good skills in mountaineering and gear use. The climbers must use gears such as crampons, ropes, and axes. The guides help you fix the ropes and make the path so that you can climb quickly.

There are two significant peaks for climbing, i.e., Lobuche East and Lobuche West. Trekkers climb from the south ridge, which is easier to climb. Being a trekking peak, Lobuche difficulty is graded as a “Moderate” level climb. You will be making many uphill and downhill climbs on this trek. You can start with Annapurna Base Camp Trek if you have never done a high-altitude hike.

Altitude Sickness

Lobuche Peak is at a very extreme altitude of 6,119 meters above sea level. The oxygen level drops to less than half at this height, and you will find breathing highly uncomfortable. The initial part of the journey around Everest base camp gives you a lot of time so that you don't feel the symptoms of altitude. Even then, you may experience difficulty beyond Lobuche Base Camp. The development of symptoms like body pain, headache, shortness of breath, and Nausea is quite common as you move to a higher altitude. If the symptoms are typical, we must stop for a few hours and let the body adapt.

Although our guides have some oxygen cylinders, they might not be enough for long-term use. So you must be careful to keep yourself relaxed and hydrated. However, if the symptoms of altitude sickness start to get severe, we will climb to a lower altitude. In the worst case, we call for helicopter evacuation, which your insurance covers.



Lobuche Peak Trek

Best Time For Lobuche Peak Climbing

[Lobuche Peak climbing](#) can only be done in Autumn and Spring. Autumn has a temperature of about five Degrees Celsius in Lobuche, while the nights are still freezing. Spring in Lobuche, i.e., March, April, and May, makes an excellent time for a mountain climb. This is the peak season for all-mountain climbers in Nepal, i.e., even Mount Everest is very crowded. The snow is less, and the chances of rainfall are low. It's also among the warmest month for mountain climbing.

Lobuche peak climb cannot be done in summer and winter. June, July, and August are the months for the highest rainfall and snowfall. On the other hand, Winter, i.e., September, October, and November, are full of snowfall. This makes the Lobuche East Peak trail very slippery. So, even if the government issues the Lobuche Peak East climb permit, it's wise not to attempt it in the wrong season. Trekking, while the weather is not stable, might even kill you. So, instead, go for a low-altitude trek like [Everest Short Trek](#).

Lobuche Peak Climbing Cost

Lobuche East peak climbing cost is \$2150. The camping accommodation and many staff make Lobuche East Peak climbing quite expensive. However, because other 8,000-meter climbs as the Mount Everest expedition, cost over \$20,000, Lobuche East Peak is relatively cheap.

Firstly, we must fly from Kathmandu to Lukla, which costs about \$320. Then, Lobuche East Peak follows the classic [Everest Base Camp](#) trek up to Lobuche until the 10th day. This means you can stay in comfortable local lodges and enjoy various food. Accommodation here costs \$6 to \$8; you will stay in tents at Lobuche Base Camp and Lobuche High Camp for three days. Due to this tented accommodation, we need to hire an additional porter and cook, making Lobuche Peak's climbing cost high. Furthermore, there's the cost of a guide (Sherpa) who makes the trek possible. Next, the permit for Lobuche Trek is

also high.

Even as an independent traveler who doesn't book the MyEverestTrip package, you pay about \$2500. Solo mountain climbing is expensive, and we recommend traveling in larger groups.

Lobuche Peak Expedition Permit

You will require an entry permit from the National Mountaineering Association to make the Lobuche climb. The NMA has classified Lobuche East as Trekking Peak and Lobuche West as Expedition Peak. Permits are needed for both of these Lobuche Peak climbing.

You can apply for the permit but must hire a licensed mountain guide. Then, you will need a detailed Lobuche climb Itinerary, insurance paper, and other personal documents to complete the application form. Once your application is approved, you can go to Lobuche for the climb.

Along with the Lobuche Climbing permit from NMA, you need two other permits, i.e., the Pasang Lambu Khumbu Local area permit and the Sagarmatha National Park entry permit. The Khumbu Local Area permit can be taken once you get to Lukla, costing \$20. And the Sagarmatha National Park Entry Permit can be received at the gate in Monjo. You don't need to about these permits from Kathmandu itself.

Why US

[MyEverestTrip](#) is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.



Our Expert Guide:

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



Fair and reasonable Cost:

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden expenses after the packages are booked.



Your safety is our priority:

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.

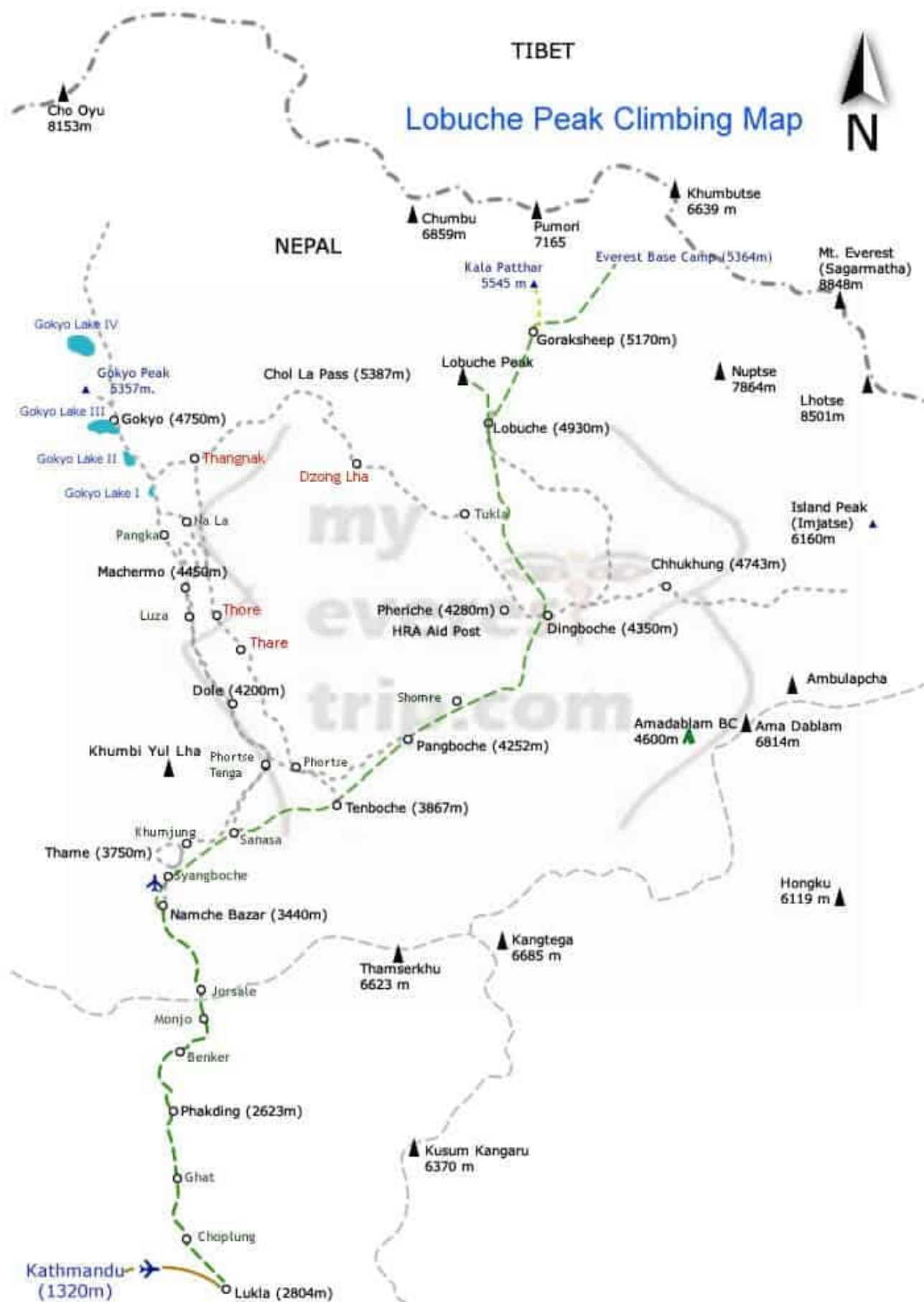


Responsible and Eco-Friendly

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the package has to be discouraged).
- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

Map



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