

# Pokhara to Kathmandu Biking Tour 6 Days

**Duration:** 6 Days Days

**Destination:** Nepal

**Trip Grade:** Moderate

**Best Season:** All Year

## Trip Overview

A tour designed for the casual mountain biker who has a basic level of fitness and confidence in handling a bike. The tour travels over terrain to suit those cyclists wishing to experience a cross-section of Nepal with a balanced itinerary of culture, lakes, Himalayan views, viewpoints, and typical Nepalese landscapes where the Nepalese are living as they have done for many centuries. Good quality hotels and all meals are included. Trails are very manageable and require the basic skills of biking and walking trails where technical skills are not required. This tour is designed to leave everyone with the ability to cycle further and still be smiling at the end of the day.

## Detailed Itinerary

### Day 01: Pokhara Area

Drive to Pokhara and we will do some warm up riding towards Pame by the side of Fewa Lake. O/N Hotel

Meals: B/L/D

### Day 02: Pokhara – Kalikasthan-Begnas Tal

After breakfast, we will again cross Fewa Lake by boat then start riding on a flat paved road till Bijayapur Khola about 12km away. After crossing the bridge we run left from the Army camp and ride alongside the river to Lapsidada and then to a beautiful village called Kalikasthan (this name comes from goddess Kali temple), a total uphill ride of 9km till Kalikasthan. We will have fantastic views of Annapurna, Manaslu and Dhaulagiri from here. We will take a lunch break here and dry off from the sweat caused by riding uphill from Bijayapur Khola. Having a quick lunch in the local shop, we will ride about 6km downhill to Talchok and then on the flat with a little uphill to our small island resort situated in between Begnas & Rupa Lake. O/N Guesthouse

Total Distance: 42km

Meals: B/L/D

### **Day 03: Begnas – Rambazar – Borletar – Sisaghat**

Today's ride is also mostly downhill. After riding about 4km of flat with a small uphill ride we reach to Urchale Bhanjyang (Bhanjyang means small pass in Nepali). Now, we have 12km downhill to Karputar and then we cross Modi River and reach Borletar. It's a small town with a couple shops for local settlements. We will have some snacks here in these shops and learn some local culture. After lunch we have some easy riding flat and down to Sisaghat where we will stay in the local but very basic guesthouse. Each and every place we visit in this route, the food, culture and traditions are all different. This was an old walking route from Kathmandu to Pokhara via Gorkha, when there was no road network connected. O/N Guesthouse

Total Distance: 35km

Meals: B/L/D

### **Day 04: Sisaghat – Kunchha – Paudi – Tarpughat-Palungtar**

Today, we have a 25km ride and the first part is uphill until Kunchha with a beautiful ride via Soti Pasal; with small shops where we can stop for our lunch and communicate with locals, a small crowd where the people are very friendly. After Kunchha, we will be all downhill except 1km uphill after crossing Marsyangdi River. We cross Paudi and then ride alongside of Marsyangdi River via Tarpugtar. Tonight we stay in Palungtar in a Guesthouse. We might view some local celebrations if you're here in the festive season of October – November.

O/N Guesthouse

Total Distance: 55km

Meals: B/L/D

### **Day 05: Palungtar – Laxmi Bazar – Gorkha**

Leaving Palungtar after breakfast, we ride 5km uphill to Luitel Gaon and then to Satdobato (Satdobato: this means seven trails meeting point). Many village trails meet at this point. We will enjoy tea and oranges (orange farming in this area is quite popular, every house having at least 20 trees) in this place and then we leave the main trail and use a shortcut route to Chhepetar. You will get to experience carrying bikes just after crossing the Daraundi River. We will get some local goods here for our lunch and then ride gradually uphill to Gorkha via Laxmi Bazar, a beautiful terraced farm land. The whole hill looks yellow if you visit during October to February. Gorkha is an ancient kingdom of ex-Shah dynasty, who ruled 237 years in Nepal. Gorkha Dubar is in top of the hill, and we will visit in the evening. O/N Guesthouse

Total Distance: 37km

Meals: B/L/D

### **Day 06: Gorkha – Kathmandu valley**

Today will start with beautiful Sunshine and spectacular views of Manaslu and Annapurna from your breakfast table. After breakfast, we turn 1km uphill then on a flat dirt trail to Phinam village and then to Taple. Passing through beautiful villages on the way to Khanchok where we will have lunch; the last lunch of our 6 day long tour. After lunch we climb about 1km to Ghyamsal then an exhilarating downhill ride to Arughat. Arughat was an important place in the ancient times

for the local trade. After having a tea break, we pack our bikes on our bus and drive to Kathmandu valley, about 4 hours away.

0/N Hotel in Thamel

Total Distance: 35km

sMeals: B/L/D

### **What's included**

- Drive to Pokhara and drive from Arughat to Kathmandu
- 7 nights Hotel/Guest House accommodation on Twin Share basis
- Bike with helmet
- Meals as shown under accommodation column written as Meals:
- Guide/Mechanic
- Entry fees wherever applicable

### **What's not included**

- All bar bills
- Support vehicle (Cost US\$100 per day per vehicle)
- Evacuations
- Insurance
- Personal items

## **Contact Us**

### **Contact Us :**

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