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Tibet Lhasa Everest Base Camp Tour

- Duration: 8 Days Days
- Max Altitude: 5,200 m
- Destination: Tibet
- Trip Grade: Moderate
- Best Season: All Year

Highlights

The Tibet Lhasa Everest Base Camp Tour is a popular tour that takes travelers on a journey through the stunning landscapes and rich cultural heritage of Tibet. Here are some of the tour highlights:

1. Lhasa: The tour starts in Lhasa, the capital of Tibet, where travelers can explore the iconic Potala Palace, Jokhang Temple, and Barkhor Street. These landmarks offer a glimpse into the rich cultural heritage and spiritual significance of Tibet.
2. Yamdrok Lake: One of the most beautiful lakes in Tibet, Yamdrok Lake is located at an altitude of 4,441 meters and offers stunning views of the surrounding snow-capped mountains.
3. Gyantse: A historic town located in the Yarlung Valley, Gyantse is home to the impressive Gyantse Kumbum, a stupa with 108 chapels that contain murals and sculptures dating back to the 15th century.
4. Shigatse: The second-largest city in Tibet, Shigatse is home to the Tashilhunpo Monastery, which is the seat of the Panchen Lama and one of the most important monasteries in Tibet.
5. Everest Base Camp: The tour culminates at Everest Base Camp, located at an altitude of 5,200 meters. From here, travelers can enjoy stunning views of Mount Everest, the highest mountain in the world.
6. Tibetan culture and hospitality: Throughout the tour, travelers can experience the unique culture and hospitality of the Tibetan people, including traditional music, dance, and cuisine.

The Tibet Lhasa Everest Base Camp Tour is a once-in-a-lifetime adventure that offers travelers a chance to explore the natural beauty and rich cultural heritage of Tibet.

Overview

Tibet Lhasa Everest Base Camp Tour

Tibet Lhasa Everest Base Camp Tour far-reaching scenic flight to and from Kathmandu and Lhasa with amazing views of Himalayan peaks is a lifetime experience. The thrill of being on the world's highest and largest highland with unique Buddhist culture and age-old traditions is astonishing. [Tibet Lhasa](#) North Everest Base Camp tour offers you to explore traditional Tibetan rural villages, legendary cities, and monasteries of massive interest within scenic landscapes filled with the vista of high snow-capped peaks. This tour is a classic trip and an enjoyable adventure on the rooftop of the world, where you will soak yourself in Tibetan culture of age-old heritage linked with Buddhism religion.

Tibet Lhasa North Everest Base Camp Tour

The Tibet Lhasa North [Everest Base Camp Tour](#) is for ten days. We start from the capital city, Kathmandu. Upon arrival, we fly through the clouds and see the fantastic scenic view of Lhasa. We explore Lhasa by visiting the beautiful Potala and Norbulingka Palaces, also known as the Winter and Summer Palaces, respectively. We also see the [Drepung Monastery](#), Jokhang Temple, and Barkhor Market. Drepung Monastery is the world's largest monastery and is assumed to have sheltered around 10,000 monks in the past. Jokhang Temple is a sacred site that loosens more deep-seated mysteries of Tibetan Buddhism. We also take a scenic drive to Gyantse. We cross the Khamba La Pass (4,794m) with a brief stop to enjoy the beauty of the Yamdrok Tso (Turquoise Lake), one of the three most extensive holy ponds in Tibet, and the stunning Nazin Kang Sang glacier (7,252m). We come across Karo La Pass (5,045m) to enjoy views of massive glaciers before reaching Gyantse.

Best Time To Visit Tibet

We visit the Kumbum Stupa, Phalkot Monastery, and Gyantse Dzong in Gyantse. We get to the Rongbuk monastery, explore the North Everest base camp, and finally reach Kathmandu by crossing Nyalam and Zhangmu. We cross Lalung La Pass, which gives you breathtaking surrounding views. Later, we pass Nyalamu Pass, which offers a scenic view to see Mt. Shishapangma (8013m), Mt. Cho Oyu (8201m), and Mt. Everest (8848m). The trek is recommended from April to June and September to mid-December.

Tibet Overland Tour Cost

The cost of an overland tour from Lhasa to Everest Base Camp varies based on factors like the duration, accommodation standards, and inclusions. On average, budget for around \$1,500 to \$2,500 per person for a standard 7 night 8 day tour. This estimate typically covers permits, accommodation, meals, transportation, and a guide. High-end or luxury tours may exceed this range. Prices can also fluctuate based on the season, group size, and specific services offered. It's recommended to contact reputable travel agencies for precise quotes tailored to your preferences and requirements.

Our top-quality service and experienced and friendly guides promise you a lifetime experience filled with unforgettable moments and mesmerizing scenic views. You can trust us with quality service throughout your travel.

Day 01

Fly from Kathmandu (Nepal) to Lhasa (Tibet) (3650m), O/N at 3 Star Hotel

Take a scenic flight, over the Nepalese and Tibetan Himalayas, from Kathmandu to Lhasa with an aerial view of peaks, including Everest (8848m) and Kanchenjunga (8536m). Upon arrival, our Lhasa representative will receive you and escort you to your hotel.

Day 02

Lhasa City Sightseeing, O/N at 3 Star Hotel in Lhasa

Begin sightseeing in Lhasa by visiting the summer palace of the Dalai Lamas, Norbulingka Palace, which is also listed in the UNESCO world heritage sites. Later, visit the winter palace of the Dalai Lamas, Potala Palace, which has now been turned into a museum and is also a world heritage site. The former quarters of Dalai Lama can be visited inside the Potala Palace, which lies on a hill facing Lhasa.

Day 03

Lhasa City Sightseeing, O/N at 3-Star Hotel

Visit Drepung Monastery. The Tibetan people's past, philosophy, and spiritual beliefs are strongly exhibited in this marvellous monastery. Then, we will visit Jhokang Temple, a sacred site that loosens more deep-seated mysteries of Tibetan Buddhism. Inside you can see the statue of Buddha Sakyamuni. Later, stroll through the Barkhor market.

Day 04

Lhasa - Gyantse 95 km 4 hours

Drive to Shigatse via Yamadroke Lake and high passes: Kora LA (5,010m) & Kamba La (4,794m) - sightseeing at Gyantse old market.

Day 05

Gyantse to Shigatse Drive 90 km

After breakfast visit Kumbum Stupa and Phalkhor Monastery and Drive to Shigatse Over night

Day 06

Shigatse - Ronbuk (4980m) 355km

Visit Panchen Lama's Tashilhumpu Monastery Drive to Xegar crossing over Gyatchula (a pass of 5,200m) - Visit Ronbuk Monastery and Hike up to Everest Base Camp then return back to Tingri over night Tingri.

Day 07

Tingri - Kerung - 300 km - 7- 8 hours

After Breakfast drive Downhill to the height plateau of the world with the typical view of Tibetan landscape offering sheer feeling of standing of the roof of the world from where weather permitting, breathtaking panorama of beautiful Himalayan ranges including Mt. Cho Oyu (8,201m) and

Mt.Xishapangma (8,012m) on the way see to Pikucho lake O/N at Hotel

Day 08

Kerung to Kathmandu - 155 km 8-9 hours Via Jeep

Kerung to Kathmandu 155 km to pass the immigration and drive to Nepal by Jeep

What To Expect?

What's included

- China/Tibet Visa Fee
- Airport Pickup/ drop service
- Hotel Accommodation on twin sharing basis
- Daily Breakfast
- Private Transportation by jeep/van as per the group size
- Necessary Tibet Travel Permit
- Sightseeing and Entrance fees as per the itinerary
- English-speaking Tibetan guide
- All the Government and local taxes.

What's not included

- Lunch and Dinner.
- Insurance of any kind.
- Personal expenses like beverages, mineral water, and tips.
- Natural and political disturbances and unforeseen circumstances

FAQ

Tibet Overland Tour Information

which is Best Time to Visit Tibet

The best time to visit Tibet is during the spring (April to June) and autumn (September to November) when the weather is mild, and skies are clear. These months offer optimal conditions for exploring the stunning landscapes and cultural treasures of Tibet, avoiding extreme temperatures and monsoon rains.

How to get tibet visa?

To secure a Tibet visa, travelers must arrange a tour with an authorized Tibetan travel agency specializing in Tibet tours. The agency will then manage the entire visa application process through the Chinese authorities on behalf of the travelers.

How to reach North Everest Base Camp?

Reaching the North Everest Base Camp involves a journey through Tibet. Start by flying to Lhasa and acclimatize to the high altitude. Then, travel overland to Shigatse, and further to Everest Base Camp, or take a direct drive to Everest Base Camp from Lhasa. Ensure the necessary permits and a guided tour through a registered Tibetan agency. The route offers breathtaking views of the Tibetan plateau and Himalayan peaks. It's crucial to acclimate gradually and be prepared for the challenging terrain. Always check the latest travel regulations and conditions due to the remote and dynamic nature of the region.

Why US

[MyEverestTrip](#) is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.



Our Expert Guide:

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



Fair and reasonable Cost:

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden expenses after the packages are booked.



Your safety is our priority:

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.



Responsible and Eco-Friendly

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the package has to be discouraged).
- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

Contact Us

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