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White Water Rafting

- Duration: 1 Day Days
- Destination: Nepal
- Trip Grade: Easy
- Best Season: All Year

Overview

White water rafting is one of the most famous and exciting adventures that Nepal has to offer. With varying degrees of rapid and length of the trip, we have a wide range of rafting packages, so we can be confident that we have the right trip to suit you.

Why White Water Rafting

Nepal has many rivers for adventure seekers to explore, including the [Trishuli](#), Seti, Bhote Koshi, Kali Gandaki, Marsyandi, Sun Koshi, Arun, Karnali, and Tamur Rivers. We have trips ranging from 1 day up to 11 - whichever you choose; we can ensure you are in for an adventure. Your journey begins with a thorough safety briefing, and then you will be kitted up and assigned a raft and qualified guide.

At points on the trip, you can take it easy, paddle with your team, and take in the breathtaking scenery around you as you've never seen it before, from the quiet depths of the waters - away from the traffic, pollution, and the general hustle and bustle that the road so frequently guarantees. Then at other times, you will be required to paddle hard, and battle against the rapids as your boat is spun, and you come face to face with the water's tumultuous cascades. Be prepared to get wet, throw around, and have the time of your life.

If you opt for one of our shorter trips, it's a great alternative to get from A-B and avoid the traffic. If you opt for one of our longer trips, you take a unique tour of Nepal - with the chance to camp by the river under the stars and shadow of the mountains that tower around you. Depending on which trip you choose, you can also have the chance to kayak and face the rapids on one. All our trips are customizable, so just let us know what you desire, and we'll do what we can to include it in your adventure.

Throughout your trip, safety guides will follow you in canoes so you can be confident that no matter how thrilling the journey becomes, you are always in safe hands. For any queries you have about the packages we offer, the white water rafting cost, or the white water rafting difficulty level, please feel free to contact a member of our friendly team. Or, if you would like to read about what it's like to participate in

this adventure, check out our [white water rafting blog](#) below.

What To Expect?

What's included

- High quality self-bailing rafts, helmets, plastic paddles, wetsuits, lifejackets, and first aid kit.
- Plentiful, healthy and hygienically prepared food and drinks.
- Tents and sleeping mats are also provided. Sleeping bags can be supplied upon request.

What's not included

- Personal Insurance
- Personal expense e.g. soft and alcohol drinks, gifts

Why US

[MyEverestTrip](#) is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.



Our Expert Guide:

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this

field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



Fair and reasonable Cost:

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden expenses after the packages are booked.



Your safety is our priority:

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.



Responsible and Eco-Friendly

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the package has to be discouraged).
- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

Contact Us

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