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Yala Peak Climbing

Duration: 12Days Days
Max Altitude: 5,500 m
Destination: Nepal
Trip Grade: Moderate

■ Best Season: Summer, Autumn

Highlights

Yala Peak Climbing is nestled in the scenic Langtang Region of Nepal, known for its diverse flora, fauna, and unique cultural heritage. The climb to the summit of Yala Peak is thrilling yet non-technical, making it an excellent challenge for beginners and intermediate trekkers.

Standing tall at 5,520 meters, Yala Peak offers climbers a spectacular panoramic vista of renowned mountains, including Shishapangma, Dorje Lakpa, Langtang Lirung, and Ganesh Himal.

The trek to Yala Peak lets climbers delve into the region's unique cultural richness. It provides opportunities to explore local Tamang and Sherpa villages and immerse themselves in their traditions and lifestyle.

Yala Peak climbing perfectly blends stunning natural beauty, vibrant cultural heritage, and a reasonably moderate climb, encapsulating the spirit of Himalayan adventure.

Overview

Yala Peak Climbing is royalty-free and does not require prior mountaineering experience. The strenuous Yala Peak Climbing guarantees to quench your adrenaline thirst as you ascend the snowy mountain with a spectacular view of Shishapangma (8013m) and Gangchempo (6386m). Yala Peak (5500m) is one of the most accessible peaks to climb in Nepal and is located near the Tibetan border in the Langtang region. However, some physical fitness is always beneficial for Yala peak climbing.

Yala Peak Climbing

The 16-day <u>Yala Peak Climbing</u> offers an extraordinary view of different mountain peaks like Langtang Lirung (7234m), Mt. Shishapangma (8013m), Dorje Lakpa (6966m), and Gangchempo (6386m). The climbing offers to stand at the peak and takes you through the fantastic Langtang Valley full of stunning natural and cultural diversities. The trail takes you through the dense jungle filled with colorful rhododendrons, oak, pine, juniper trees, and huge meadows. The course also takes you to the ancient Buddhist monastery "<u>Kyanjin Gompa</u>," surrounded by stunning peaks.

The trail to base camp ascends through rocky glacier moraine. You climb the peak gearing up the axe, crampons, and rope for assistance. Upon reaching the top, you are rewarded with a surreal view of the Himalayas. The trekking trail also passes through several villages inhabited by Sherpa and Tamang people. You also get a chance to explore the culture and lifestyle of the locals.

My Everest Trip is the leading and successful trekking agency based in Kathmandu. We always seek to provide our clients with an a-one service in hospitality. We provide our clients with the best Yala peak climbing itinerary and public and private transportation facilities.

Day 01

Arrival in Kathmandu & Transfer to hotel | (A, D)

Our team member will pick you up at Tribhuvan International Airport and transfer you to your hotel in Kathmandu for an overnight stay

Day 02

Drive to Sybrubensi (1460m/4788ftft) |O/N at Tea House (A. B, L, D)

Today, we start our journey to Sybrubensi in a jeep, moving alongside the large Trishuli River. Enjoying the countryside view throughout the drive, we arrive at Sybrubensi. Overnight at Tea House in Sybrubensi.

Day 03

Trek to Lama Hotel (2500m/8200ft) |O/N at Tea House (A. B, L, D)

Following the route of Bhote Koshi River, we leave Sybrubensi behind us and begin our first day of the trek by walking to Lama Hotel. Trekking up and down the trail, we enter a forest filled with rhododendron and oak trees. Before reaching the Lama Hotel, we also pass through the bamboo village, where we may see a red panda. Overnight at Tea House in Lama Hotel.

Day 04

Trek to Langtang (3460m11348ft) |O/N at Tea House (A. B, L,

D)

After ascending from Lama Hotel, we pass through a jungle full of colourful white and pink rhododendron, oak, and pine trees which take us to Ghoda Tabela. Accompanied by the stunning mountain peaks of the Langtang range in the background, we enter Langtang valley, home to Langtang National Park. We continue our trek passing through different settlements and reaching the Tamang settlement of Langtang village. Overnight at Tea House.

Day 05

Trek to Kyanjin Gompa (3870m12693ft) |O/N at Tea House (A. B, L, D)

We trek towards Kyanjin village, which takes around 6 hrs to reach. We walk past Chortens, colourful Buddhist monasteries and prayer flags, and a large Mani wall carved with prayers. We arrive at the 400-year-old Kyanjin Gompa and enjoy the stunning view of Langtang Lirung (7234m) on the backdrop of the whitewashed monastery. Upon reaching, Kyanjin village, you will enter a sparse Sherpa settlement. Overnight at Tea House.

Day 06

Excursion to Tserko Ri (5033m16508ft) |O/N at Tea House (A. B, L, D)

For acclimatization, we take a short pleasant hike to Tserko Ri, where we are rewarded with a 360-degree view of different mountain ranges like Langtang Lirung (7234m), Yala Peak (5500m), Ganesh Himal (7422m), and many more. We hike back to Kyanjin Gompa and visit the local cheese factory. Overnight stay at Tea House.

Day 07

Trek to Yala Peak Base Camp (4800m/15744ft) |O/N at Tent (A. B, L, D)

Today we trek for around 7 hrs to reach Yala Peak Base Camp. We take a path through the rocky glacier to Yala Peak Base camp, which can be challenging. Standing at the foot of Yala Peak, we get this fantastic view of Tserko Ri (5033m), Gangchempo (6386m), and Naya Kang (5844m). Overnight at the base camp.

Day 08

Climb to summit (5500m) and return to Base Camp |O/N at Tea House (A. B, L, D)

Today is the most important day of our adventure as we head to the summit early in the morning. Following our climbing leader, we climb the peak through steep slope rocks and icy moraines. Upon reaching the summit, we are rewarded with an unbelievable view of Mt. Shishapangma (8013m), Dorje Lakpa (6966m), Langtang Lirung (7234m), Gangchempo (6286m), Naya Kang (5844m), and so on. After taking pictures and spending time, we return to the base camp. Overnight at Tea House.

Trek to Ghoda Tabela (3050m/10004ft) |O/N at Tea House (A. B, L, D)

After the successful ascent, we head back to Ghoda Tabela. Passing through different settlements and beautiful Langtang valley on our way, we arrive at Ghoda Tabela. Overnight at Tea House in Ghoda Tabela.

Day 10

Trek to Syabrubensi (1460m/4788ftft) O/N at Teahouse (A. B, L, D)

Trekking through the dense jungle filled with colourful rhododendron, oak, and pine trees, we arrive at Lama Hotel. We continue our trek passing through the bamboo village and forests to reach Syabru. Overnight at Tea House.

Day 11

Dhunche Drive back to Kathmandu | O/N at Hotel (A. B, L, D)

We drive back to Kathmandu, relishing the stunning view of landscapes, snow-capped mountains, green hills, and flowing rivers. We will transfer you back to your hotel in Kathmandu for an overnight stay.

Day 12

Departure

Drop you at Tribhuvan International Airport approximately 3 hrs before the scheduled flight

What To Expect?

What's included

- Airport pick-up and drop
- Welcome/farewell dinner
- Hotel accommodation in KTM
- Tent and tea-house stay in trek
- The bus drive to saybru and return to Kathmandu
- Meals as mentioned
- National park permit
- The royalty of Yala Peak
- Equipment of climbing guide
- Insured-equipped guide
- Insured-equipped trekking crew

What's not included

- Personal climbing equipment
- Meals other than those mentioned
- Drinks and bar Bill
- Tipping
- Personal Insurance
- Other things not mentioned

Yale peak

Peak climbing Best season?

Yale peak climbing Best season

Climbing Yale Peak is typically during late spring to early fall, from June to September. During this period, the weather is more stable, and the snow and ice conditions are generally more favorable for climbing. Late spring allows for a combination of manageable temperatures and reduced avalanche risk, while summer months offer longer daylight hours. It's crucial to check current weather conditions and route accessibility before planning a climb, as weather patterns can vary. Additionally, be aware of any permit requirements or restrictions imposed by the managing authorities for Yale Peak during your chosen



Yale peak climbing guide?



For those aspiring to conquer Yale Peak, securing a knowledgeable climbing guide is paramount. Local mountaineering agencies, online directories, and outdoor organizations are valuable resources for finding experienced guides. These professionals offer expertise in navigating the challenges of Yale Peak, ensuring safety and a successful ascent. Consider factors such as certifications, reviews, and personal recommendations when selecting a guide. Connecting with the local climbing community and seeking advice from outdoor retailers can provide additional insights. Always communicate directly with potential guides to discuss your climbing goals and ensure a well-informed decision for an enriching and safe climbing experience on Yale Peak.

Additional Information

How long does it take to climb Yala Peak?

The duration of a Yala Peak climbing expedition can vary depending on the exact itinerary, acclimatization days, weather conditions, and the climber's pace. However, a complete round trip from Kathmandu, including the trek to base camp, acclimatization, summiting Yala Peak, and return, typically takes around 16 days. It's worth noting that this time frame also includes exploration of the Langtang Valley and cultural immersion into the local Tamang communities. Always remember that safety and proper acclimatization should precede speed when planning any high-altitude trek or climb.

Where is Yala Peak?

Yala Peak is located in the Langtang Region of Nepal, a captivating area characterized by its diverse flora, fauna, and rich cultural heritage. The peak lies close to the Tibetan border, north of Kathmandu, the capital of Nepal. The Langtang Region is a lesser-traveled area than the Everest or Annapurna

regions, Yala peak climbing offers tranquil trails and an intimate experience with local cultures, especially the Tamang people. With its elevation of 5,520 meters, Yala Peak is a non-technical climb that offers stunning panoramic views of surrounding Himalayan peaks.

Yala Peak Climbing Difficulty

Climbing Yala Peak is generally considered to be of moderate difficulty. While it's not a technically challenging climb like some of the higher Himalayan peaks, it still requires good physical fitness and stamina due to its altitude of 5,520 meters (18,110 feet).

There are steep sections and areas of snow and ice, so some basic mountaineering skills are beneficial. However, it's often chosen by less experienced climbers looking to gain high-altitude experience. It's advisable to understand how to use equipment like crampons, harnesses, ice axes, and ropes.

A crucial factor in successfully summiting Yala Peak climbing is proper acclimatization to manage the risks associated with high altitude sickness. Therefore, the trek is often organized with ample time for acclimatization, typically starting with a trek through the Langtang Valley.

Like any high-altitude trek or climb, the challenge of Yala Peak should not be underestimated. Still, with proper preparation and guidance, it can be a gratifying adventure for those looking to step into peak climbing.

Cost of Yala Peak climbing

Yala Peak Climbing is a thrilling adventure, blending picturesque natural beauty and a taste of Himalayan peak climbing. The cost of this expedition varies significantly based on factors like the chosen expedition organizer, group size, services included, and equipment rental. While international adventure companies may offer packages, local Nepalese agencies also provide tailored services that can affect the total price range of yala peak climbing cost is \$1,500 to USD 2,500 per person. Still, it's important to note that additional costs for personal gear, travel insurance, and guide gratuities may apply. A climber's investment in this adventure goes beyond the financial aspect, as the unforgettable experience of scaling the 5,520-meter peak and immersing in the rich cultural heritage of the Langtang Region is truly priceless. Remember, a successful climbing expedition requires thorough research, careful planning, and a trusted service provider.

Why US

<u>MyEverestTrip</u> is a **Nepalese Travel and Trekking Agency** based in Kathmandu. We have been operating in different trekking regions for over a decade, traveling with hundreds of travelers worldwide.

With the pure intention to bring trekkers to Nepal's safety and comfort, we have an entire team of travel planners, guides, and porters. We also have connections to hotels and restaurant lines all over Nepal to ensure that our trekkers get the best possible facilities.

So, here is the reason why you should travel with MyEverestTrip.



Customize Your Itinerary:

We have designed a well-planned Itinerary for all travel destinations around Nepal. However, this Itinerary is customizable as per the needs and requests of our trekkers. Just let us know when and how long you are staying so we can arrange the rest.



Our Expert Guide:

Although all travel agencies claim to have a good guide, many are not informed about the place you are traveling to. However, MyEverestTrip has its licensed guide in Nepal. They have been working in this field for over three decades, collecting all the information about the place/ culture and learning to keep the travelers safe. Also, our guide is good at the English language. We can even hire a guide who can speak Chinese and other European languages for trekking in Nepal upon special request.



Fair and reasonable Cost:

MyEverestTrip has been known for its very economic trek packages in Nepal. You can compare the price we offer with any other travel agency in Nepal and only book with us if you are satisfied with our cost. We try to include all needed expenses during the tour so that you will not be overwhelmed with hidden expenses after the packages are booked.



Your safety is our priority:

Obviously, the safety of our trekkers and team is the utmost priority of MyEverestTrip. Our guide and porters who shall accompany you for the trip will have their insurance. We also encourage Travel insurance for our trekkers. Our treks and trips have been so designed that you only walk an appropriate distance. In any case of emergency, you will always have our back.



Responsible and Eco-Friendly

MyEverestTrip operates with the belief in responsible tourism. This includes

- We are transparent about the services covered on the trip. There shall be no hidden cost (informed in advance if there's any)
- We cover all the places promised before the trek (the trend of skipping places once you book the package has to be discouraged).
- All our guides and porters are above 18yrs. We highly discourage child labor in the tourism industry
- We do not leave any wastage behind on the trekking routes. We either dispose of the waste appropriately or carry it back with us and send it to the municipality
- We do not engage in any activities that affect the people in the trek places of Nepal where we stay.

Contact Us

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